

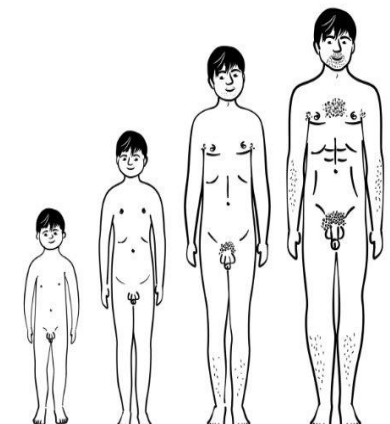
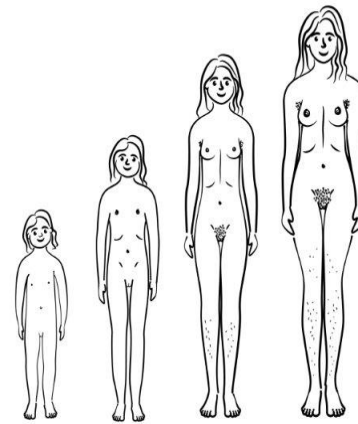
KNOWLEDGE ORGANISER Year 4 - RSE – Changing and Growing Up .

Key Vocabulary

puberty	The time when children's bodies start to develop into adults.
penis	The male genital organ
vagina	The vagina is the muscular tube that connects the cervix and uterus to the outside of the body.
testicles	Either of the two oval organs that produce sperm in men, enclosed in the scrotum behind the penis.
vulva	The whole female external genitalia, including the opening of the vagina, and the urethra.
Menstruation (period)	When blood comes out from the vagina, occurring each month and generally lasting between a few days and a week.
Wet dreams	When some white-ish fluid (semen) comes out of the penis (called ejaculation) during sleep.
hygiene	Cleanliness to ensure your body's health is maintained and prevent disease.
genitalia	Parts of our body that are private. Females have genitals called a vulva and a vagina and males have a penis and testicles.

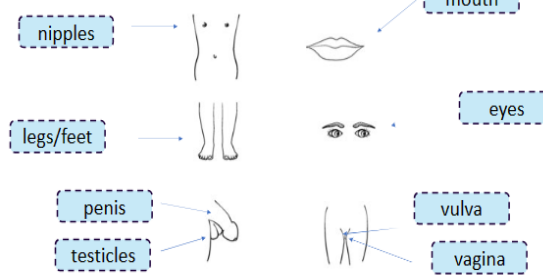
GOLDEN VOCABULARY

feelings	An emotional state or reaction
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How our bodies change.

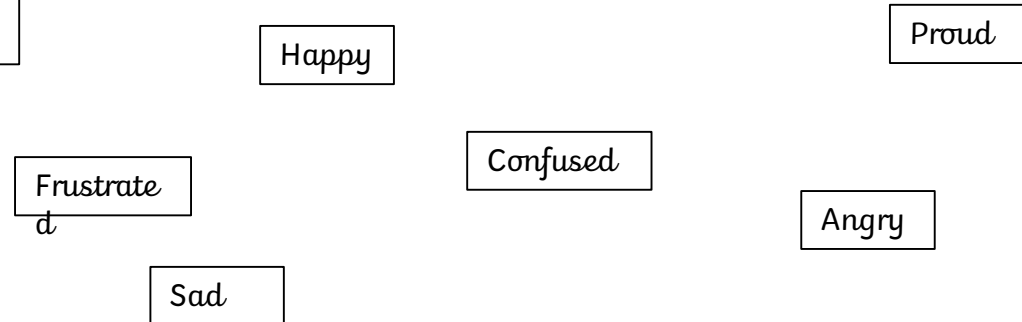
Body parts



Period products



Emotions



Personal Hygiene Products

